

Created by: Rev. Phanta I. Lansden and Rev. Dr. Marteka D. Carroll  
 C.N. Jenkins Memorial Presbyterian Church

**C.N. Jenkins Children and Youth Ministry**  
**Worship and Daily Devotion Schedule**

Hello Parents,

The Children and Youth Departments of C.N. Jenkins would like to provide you with the below support during the COVID-19 pandemic. These options are here to help you organize your days with children at home doing academic work, chores and faith formation. We have developed a schedule that includes academics, play, chores, creativity and faith practices. We have also included Worship on Sundays. Please feel free to use this as much or as little as you see fit. You may also want to pick and choose activities and modify as it fits your schedules.

**Daily Schedule**

8am-10am	Wake, Breakfast, and Devotion	<b>See devotion list options</b>
10am-11am	Academic Time	See school schedule
11am-12noon	Creative Activity	Crafting, legos, magnetics, graphics, etc.
12noon	Lunch	<b>See the list of food locations</b>
12:30pm-1:30pm	Outside/Fitness	fitness activities indoors and outside
1:30pm-4pm	Academic Time	See school schedule
4pm- 4:30pm	Quiet Time	Read a book, sit quietly in your room, draw, etc.
4:30pm-5pm	Chores	Clean surfaces, dust, vacuum etc.
5pm-6pm	Free Choice	Your child can choose what they want to do.
6pm	Dinner	Eat as a family
6-8pm	Prepare for Bed	Take showers/bath, prepare for the next day, free choice activities- Evening Family Devotion <b>Faith 5 discipleship practice</b>
8pm	BEDTIME	Sleep well!

Week 1: March 22- March 28

## **FAITH5 (<https://faithink.com/faith5>)**

“Faith Formation Every Week at Church and Every Night in Every Home”

There is a simple faith practice built into the core of every Faith Inkubators system, resource, and product. It is a powerful framework that deeply connects people to God and one another, connects the church to home, and connects faith to daily life. We call this practice FAITH5™.

When modeled every week at church and practiced every night at home, FAITH5 carries the power to enrich communication, deepen understanding, and promote mental, physical and spiritual health.

The five steps are:

STEP 1: **SHARE** your highs and lows

STEP 2: **READ** a Bible verse or story (additional resources from Illustrated Children’s Ministry)

March 23rd- Psalm 23:1

March 24th- Psalm 23:2

March 25th- Psalm 23:3

March 26th- Psalm 23:4

March 27th- Psalm 23:5

March 28th- Free Choice

March 29th- Psalm 23:6

STEP 3: **TALK** about how the Bible reading might relate to your highs and lows

STEP 4: **PRAY** for one another’s highs and lows

STEP 5: **BLESS** one another

# Sunday Worship

## March 22th, 2020

*Parents, please facilitate this worship liturgy at your leisure on Sunday morning. This will keep your youth engaged and provide an inspirational word during this time of high anxiety. Your ministry leaders keep you in prayer and are always here to help.*

1. Opening Prayer- By child or youth

2. Opening Song: Jesus Loves Me

(Children) <https://www.youtube.com/watch?v=7wtNcJEhT-I>

(Youth) Johnathan McReynolds - <https://www.youtube.com/watch?v=Qau4o0pu8Xo>

3. Scripture: John 11:1-26

4. Play video:

Children (ages Pre-K to 5th grade) - <https://www.youtube.com/watch?v=1FT04jjh3Q8>

Youth (Middle and High school)- <https://www.youtube.com/watch?v=sfvzTm1mOCQ>

5. Discussion Questions:

### **Theme: God Cares In Tragedy**

- How does God show his love and care for Lazarus?
- How is God showing his love and care for you today?

Faith is believing God will show up for you.

- What does it mean or look like for you to have faith in God? (the younger children may draw a picture or older youth create a graphic)

What is one thing you can do as a reminder of God's love and care for you?

6. Closing Prayer: Extend personal prayer requests - (Parent Pray)

7. Benediction/Blessing

The God of hope will fill me with all joy and peace as I trust in God, so that I may overflow with hope by the power of the Holy Spirit. (Romans 15:13)

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### **Devotional Options**

1. Read scripture and pray.
2. Tucked In: Bedtime Stories and prayers- <https://www.facebook.com/episcopaltuckedin/>
3. See attached resources from illustrated Children's Ministry- Lectio Divina

### **Resources to help with having discussions with youth and children about the Coronavirus**

#### **Children**

- <https://buildfaith.org/coronavirus-anxiety-children-and-the-church/>
- <https://pulse.seattlechildrens.org/helping-children-and-teens-cope-with-anxiety-covid-19/>
- [https://theparentcue.org/wp-content/uploads/2020/03/Anxiety\\_CG\\_Preschool.pdf](https://theparentcue.org/wp-content/uploads/2020/03/Anxiety_CG_Preschool.pdf)
- [https://theparentcue.org/wp-content/uploads/2019/08/CrisisCG\\_Elem.pdf](https://theparentcue.org/wp-content/uploads/2019/08/CrisisCG_Elem.pdf)

#### **Teens**

- <https://www.nytimes.com/2020/03/11/well/family/coronavirus-teenagers-anxiety.html>
- <https://pulse.seattlechildrens.org/helping-children-and-teens-cope-with-anxiety-covid-19/>
- [https://theparentcue.org/wp-content/uploads/2019/08/CrisisCG\\_MS.pdf](https://theparentcue.org/wp-content/uploads/2019/08/CrisisCG_MS.pdf)
- [https://theparentcue.org/wp-content/uploads/2020/03/Anxiety\\_CG\\_HS.pdf](https://theparentcue.org/wp-content/uploads/2020/03/Anxiety_CG_HS.pdf)

**Free Food Locations**

## Meal Distribution Information During School Closure

<p><b>Grab &amp; Go meals will be served Monday – Friday, beginning Tuesday, March 17, 2020, between 10:30 a.m. – 12:30 p.m.</b></p>	<p><b>Lunch (and breakfast for the next day) will be served at the same time in the participating school's parking lot.</b></p>	<p><b>All meals are FREE for anyone 18 years old and under. Child must be present to receive meals.</b></p>
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**Meal Distribution Sites**

Albemarle Road Elementary Allenbrook Elementary Ashley Park Pre K-8 School Barringer Elementary Berryhill School Billingsville Elementary Briarwood Academy Bruns Academy Charlotte East Language Academy Charlotte-Mecklenburg Academy Clear Creek Elementary Coulwood STEM Academy Crown Point Elementary David Cox Road Elementary Devonshire Elementary Druid Hills Academy Eastway Middle First Ward Elementary Governor's Village STEM Academy Greenway Park Elementary Hickory Grove Elementary Hidden Valley Elementary Highland Renaissance Academy	Hopewell High Hornets Nest Elementary Huntingtowne Farms Elementary Idlewild Elementary J H Gunn Elementary JW Grier Elementary Lake Wylie Elementary Lawrence Orr Elementary Lebanon Road Elementary Marie G Davis IB K-8 McClintock Middle Merry Oaks Elementary Metro School Montclair Elementary Mountain Island Lake Academy Nations Ford Elementary Newell Elementary School North Mecklenburg High Northridge Middle Oakdale Elementary Oakhurst STEAM Academy Oaklawn Elementary Paw Creek Elementary Pineville Elementary	Pinewood Elementary Piney Grove Elementary Quail Hollow Middle Ranson Middle Reedy Creek Elementary Renaissance West STEAM Academy River Oaks Elementary Sedgefield Middle Shamrock Gardens Elementary Starmount Academy Steele Creek Elementary Sterling Elementary Stony Creek Elementary Thomasboro Academy Tuckaseegee Elementary University Meadows Elementary Walter G Byers Elementary Westerly Hills Academy Whitewater Academy Winding Springs Elementary Windsor Park Elementary Winterfield Elementary
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**For more information, contact [lunch@cms.k12.nc.us](mailto:lunch@cms.k12.nc.us) or 980-343-6041.**

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V.03.16.20